

CROSSROADS CORRAL Q2 IMPACT REPORT

A Message from our Newly Elected Board President

As the new President of Crossroads Corral, I am honored to serve this remarkable organization and the community we support. I am proud of the impact we have made through equine-assisted programs and look forward to expanding our reach, helping more veterans, at-risk youth, and families experience healing, growth, and hope

Karen Connors
Board President



By the Numbers

82

Therapy sessions provided in Q2

58

Of those sessions were scholarships

~1620

Volunteer hours provided

5/5 ★

Of therapy participants surveyed, 100% of participants provided a 5/5 rating for our therapy team and horses



A MESSAGE FROM DR. AMBER FASULA, PSYD, BCN-L

In the arena, clients move past deep trauma and emotional numbness in ways traditional talk therapy alone often struggles to reach. Working hands-on with horses gives them a safe space to process heavy emotions and see their behavioral patterns reflected in real time. To maximize this impact, we frequently partner with our clients' outpatient therapists. The results of this teamwork are profound. Recently, a local counselor shared that her client made more meaningful breakthroughs during our short program than she had witnessed in an entire year of standard office sessions.

CLIENT TESTIMONIALS

Scholarship Recipient

"This program is well worth the time and I highly encourage it. The staff, horses and environment created a cathartic experience, and I found it life-changing. I felt the staff went out of their way to accommodate my needs in every way possible, and I loved how flexible they were with my requests. I felt heard, validated and supported."

Scholarship Recipient

"I had an amazing experience with this program and would absolutely recommend it to anyone considering it. The environment is supportive, the staff is compassionate and knowledgeable, and the work with the horses is truly powerful. It helped me grow in ways I didn't expect and gave me tools I continue to use."

"Moment for Mom" workshop participant

"The staff at Crossroads Corral were absolutely amazing - so supportive, loving, and welcoming throughout the entire experience. Their kindness and compassion created a safe space where every mom felt seen, heard, and encouraged. I am beyond grateful for the care and dedication they pour into families like ours."

Client Outcomes: Of participants surveyed, **50% reported significant improvement, 33% reported moderate improvement, and 17% reported some improvement.** Notably, **100% of respondents reported experiencing some level of improvement** through their participation in the program

WANT TO GET INVOLVED?

We are so blessed to have such great support from our community! As a volunteer-run non-profit organization, we couldn't serve without our supporters!



Become a Monthly Donor

Our Monthly Donor community tremendously impact our ability to serve! This also created a reliable income source that we can expect each month. To join our monthly giving family, visit Crossroadscorral.org/donate



Volunteer with the herd

Our volunteers are the backbone of our organization! If you are interested in volunteering, please complete our application on our website!



Help us spread the word!

Follow us on our social media- Facebook, Instagram and Tik Tok and share our posts, helping us spread awareness of our work and the incredible benefits of Equine Assisted Psychotherapy!